

PLAYER PATHWAY



# MUSC

THE 2010 PLAN

2023-24 ANNUAL & LONG TERM PLAN



PROGRAM OVERVIEW



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## Mission & Vision

MUSC has never been more confident in our on field product and pathways but MUSC is about far more than just what happens on the pitch.

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## Our Team

Our Technical Team are among the most highly certified and experienced coaching team in the city of Calgary with Collegiate, Professional, Semi-Professional playing and coaching experience.

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## AYSL Overview

An Overview of the AYSL Annual Plan as Presented by Alberta Soccer and MUSC long term plan to expose players to top level competition and the highest of profile events specific to opening new pathways for our players.

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## MUSC Program

Our Holistic player development model brings in a team of experts to target all pillars of player development from Sport Science, Video Analysis and Sports Psychology our team help players target every aspect of their game.

05

## MUSC Advantage

The MUSC experience is more than just quality training. Our program is expanding every season to provide players with experiences that will prepare them far beyond the pitch.

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## Registration Info

Stay connected and let us know how we can provide any further insight about how we could be a great fit for you!

# MISSION & VISION

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## Gender Specific Player Pathways

The Player pathway in Soccer is very different and MUSC works closely with our community of Collegiate coaches as well as FIFA Sanctioned Scouts to provide our High Performance Players with a competitive advantage.



“

To provide players of all levels & ambition with a lifelong player pathway.

”

“

The AYSL Program is just a small part of our National Youth License our Skills Center and Holistic program have been recognized by CSA for more than 10 years as an example of quality standardized programming.

”

“

Our MUSC AYSL Player experience should provide players with purposeful and meaningful competitions platform while providing education, exposure and opportunity to experience and understand the game at the highest level. It our ultimate goal to provide our players with a competitive advantage and pathway to explore their ultimate goals as a team and individual.

”

## Did you know?

MUSC has among the most highly certified Female coaching team in Western Canada and continues to invest heavily in our coach development program.

# YOUR AYSL COACHING TEAM

Our Technical Team are among the most highly certified and experienced coaching team in the city of Calgary with Collegiate, Professional, Semi-Professional playing and coaching experience.



**PAUL SCHULTZ**

Technical Director

2010 Girls AYSL HC  
2009 Girls AYSL Asst



**JESSICA WHYTE**

Girls Director

2009 AYSL Girls HC



**NICK ZUNIGA**

Boys Director

2009 Boys HC  
2010 Boys Asst



**VIKRAM VIRK**

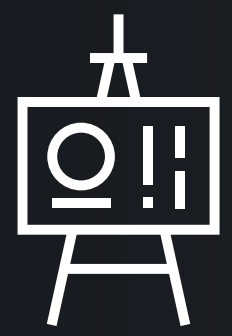
Boys Phase Lead

AYSL Support Coach

# AYSL 2023 PROGRAM OVERVIEW

## Key Competitions

### Overview



August 2023  
Initial 2010 Intake

MUSC will select players from our expression of interest to establish an initial core roster which will then be subsequently complimented by the supplementary intake.



Sept - Oct 2023  
Fall Season

September and October Game Schedule featuring Provincial wide games vs Calgary and Edmonton AYSL Clubs. Current schedule has 5-7 games scheduled for teams between Sept - early Nov.



Sept 26-Oct 1 2023  
Supplementary Intake

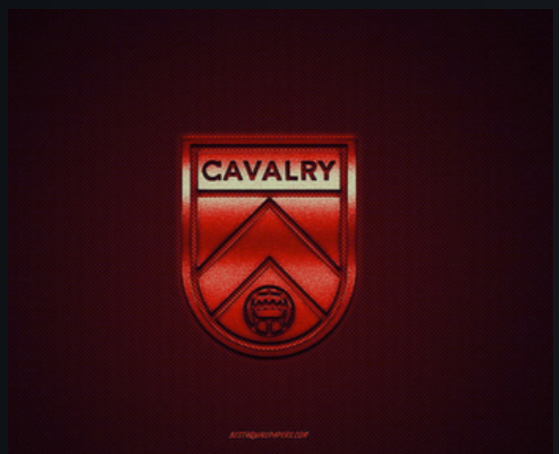
MUSC will finalize our player rosters for the 2010 AYSL and CMSA Program Teams. This will see AYSL specific training camp for external players and internal trialist players.



Nov-Dec 2023  
Club Training Program

This phase is designed as an offseason training phase for AYSL Clubs.

This is where our club will focus on our game model, team philosophy and culture



Did you Know?

Cavalry FC will now be working with all AYSL Boys Clubs in their player identification process working specifically with the AYSL player pathway. Providing players from all clubs with an equalized opportunity as per their new Alberta Soccer NYC partnership?



Caledonia Cup  
Remembrance Day

# AYSL 2024 PROGRAM OVERVIEW

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## Overview



### January- March 2024 Regional Games Program

MUSC will select players from our expression of interest to establish an initial core roster which will then be subsequently complimented by the supplementary intake.



### April Taper Program

September and October Game Schedule featuring Provincial wide games vs Calgary and Edmonton AYSL Clubs.  
Current schedule has



### May- July AYSL Outdoor Games Program

MUSC will finalize our player rosters for the 2010 AYSL and CMSA Program Teams. This will see AYSL specific training camp for external players and internal trialist players.



### August Club Training Program

This phase is designed as an offseason training phase for AYSL Clubs.

This is where our club will focus on our game model, team philosophy and culture

## Key Competitions



**BTB Spring Showcase**  
**April 7-9**

*Crossfire*  
PREMIER

**Seattle Crossfire**  
**July 13-15 \*23**



# AYSL 2010 LONG TERM OVERVIEW

Our MUSC AYSL Player experience should provide players with a purposeful and meaningful competitions platform while providing education, exposure and opportunity to experience and understand the game at the highest level. It our ultimate goal to provide our players with a competitive advantage and pathway to explore their ultimate goals as a team and individual.

## Boys

## Girls

24-25 U15



25-26 U16



25-26 U17



# INTAKE GUIDE FOR PARENTS

2010 MUSC  
PLAYERS



WITH YOUR  
CURRENT  
CLUB

Players may participate in any AYSL tryouts/combines/evaluations with the club they were registered with for the Outdoor 2023 season and are going to re-register with.

2010  
PLAYERS  
NEW TO  
MUSC



MOVEMENT  
TO MUSC

Players may register for a new club anytime during that club's registration period. Players may only participate in AYSL tryouts/combines/evaluations during the Team Evaluation Period (September 16 – October 19). CMSA Outdoor 2023 season is complete on September 24, 2023.

## 2010 On Field Identification Sessions

\*Please note that you must RSVP by our expression of interest form for your formal invite.

- August 23rd 6:00-7:00pm Seton Playfields
- August 24th 6:00-7:00pm Seton Playfields

PLAYERS FROM OUTSIDE MUSC ARE REQUIRED TO EITHER REQUEST AN IMMEDIATE RELEASE FROM THEIR CLUB OR TRANSITION BETWEEN SEASONS.



MUSC WILL PROVIDE AYSL TRIALISTS WHO ARE NOT SELECTED WITH A FULL REFUND MINUS \$95.00 ADMIN FEE.



# MUSC PROGRAM

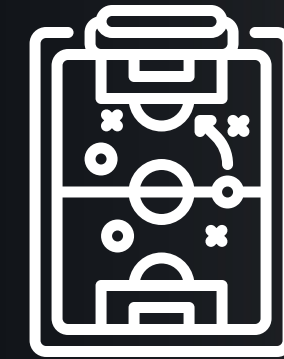
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MUSC has a long history of facilitating our holistic Player Development Plan as recognized by Canada Soccer providing players and teams with programs targeting each developmental pillar.



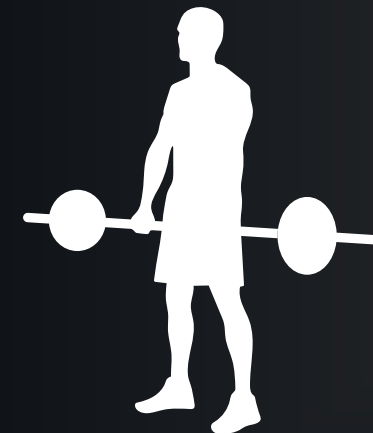
## Technical

Through our Weekly Academy Program Players focus on the technical needs required in the modern game.



## Tactical

Players are all provided the MUSC Game Model and have full access to their Personal VEO Platform. Teams will attend monthly tactical sessions and bi-weekly personal tasks.



## Physical

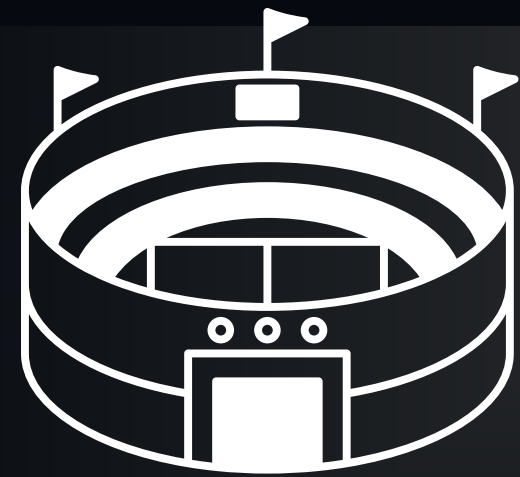
Players participate in weekly Sport Science training in partnership with Pinnacle Soccer at our very own MUSC Center.



## Psychological

Players receive team specific mental performance sessions and will monitor personal performance through our Pro Soccer Data Platform

# THE MUSC ADVANTAGE



**NEW**

THE MUSC  
Performance  
Center



**NEW**

Train With the  
Pros Program



**NEW**

Enhanced Player  
Pathway



College Prep  
Program

Modular based program  
commencing Freshman Year  
(Grade 9)



Mentorship  
Program

Aspiring leaders and coaches  
connect with our Grassroots players  
with fully subsidized coached  
education and compensation for on  
field activities .



Keeper Training  
Program

Specialty tailored programming  
featuring personal training, Video  
analysis and in game analysis.  
MUSC Offers a female and male  
keeper leadership team!



Pro Soccer Data

Players monitor player  
development and performance  
trends and connect directly with  
coaches while establishing a player  
portfolio available for future  
collegiate networking.

# SAMPLE WEEK

A standard week will see 4 weekly contacts featuring

- Team Training x 2
- Sport Science
- Technical and PST Training
- Game Day
- Additional VEO, Sports Psych in Seasonal Phases

MONDAY

Recovery Day

Players provided with at home recovery routine

TUESDAY

Sport Science & Tech

1 hour S & C paired with 1 hr technical Training

WEDNESDAY

Off

Rest Day

THURSDAY

Team Training

1.5 hour training on team specific developmental themes and monthly video analysis

FRIDAY

Functional Session

Positional specific meetings and training sessions

SATURDAY

Rest & Prep

Rest and recovery day with key nutritional goals

SUNDAY

Game Day

Game day with physio, game day routine, video analysis and player performance charting



# AYSL PROGRAM COST

**\$3350.00**

**ANNUAL FEE ALL INCLUSIVE-NO HIDDEN FEES**

*TOURNAMENTS AND TEAM TRIPS EXCLUDED*

**REGISTRATION IS OPEN!**

**STAY CONNECTED**

GIRLS DIRECTOR: [JAWHYTE@MCKENZIEUNITED.CA](mailto:JAWHYTE@MCKENZIEUNITED.CA)

BOYS DIRECTOR: [NZUNIGA@MCKENZIEUNITED.CA](mailto:NZUNIGA@MCKENZIEUNITED.CA)

TECHNICAL DIRECTOR: [TD@MCKENZIEUNITED.CA](mailto:TD@MCKENZIEUNITED.CA)

